

## Bright Sparks Private Day Nursery Limited

Day	Meal	Allergen
<b><u>Monday</u></b>		
	<b>Bank Holiday</b>	
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<b><u>Tuesday</u></b>	<b>Smokey bean hot pot with rice</b>	
	<b>Lemon drizzle cake</b>	<b>Cereal, Eggs, Gluten, Milk</b>
	<b>Cheese and salad pittas</b>	<b>Gluten, Milk, Wheat</b>
	<b>Apple and pear</b>	
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<b><u>Wednesday</u></b>	<b>Cheese bacon and broccoli bake</b>	<b>Cereal, Gluten, Milk</b>
	<b>Birthday cake</b>	<b>Cereal, Eggs, Gluten, Milk</b>
	<b>Crumpets</b>	<b>Cereal, Gluten, Milk</b>
	<b>Fresh fruit</b>	
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<b><u>Thursday</u></b>	<b>Irish stew and dumplings</b>	<b>Cereal, Gluten, Milk</b>
	<b>Banana and yoghurt</b>	<b>Milk</b>
	<b>Tuna pasta salad</b>	<b>Fish,</b>
	<b>Cranberry flapjack</b>	<b>Cereal, Eggs, Milk, Wheat</b>
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<b><u>Friday</u></b>	<b>Sausage and vegetable bake</b>	<b>Cereal, Gluten, Soya, Sulphur dioxide</b>
	<b>Birthday cake</b>	<b>Cereal, Eggs, Milk, Wheat</b>
	<b>Sardine sandwiches</b>	<b>Cereal, Eggs, Fish, Gluten, Milk, Wheat</b>
	<b>Fruit cocktail</b>	
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\*\*\* Other foods/resources used that may contain allergens OR/& treats brought in by a Parent

If you have any queries about our menu, please speak to Laura, Frankie or Tracey