

## Bright Sparks Private Day Nursery Limited

Day	Meal	Allergen
<b><u>Monday</u></b>		
	<b>Bank Holiday</b>	
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<b><u>Tuesday</u></b>	Tuna pasta bake with broccoli	Cereal, Fish, Gluten, Milk, Wheat
	Yoghurt and fresh fruit	Milk
	Toasted cheese pittas	Cereal, Gluten, Milk, Wheat
	Birthday cake	Cereal, Eggs, Gluten, Milk, Wheat
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<b><u>Wednesday</u></b>	Vegetable lasagne	Cereal, Gluten, Milk, Wheat
	Pear and grape cocktail	
	Cheesy garlic bread	Cereal, Gluten, Milk, Wheat
	Frozen fruit smoothie	Milk
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<b><u>Thursday</u></b>	Cheese, tomato and pasta bake	Cereal, Gluten, Milk, Wheat
	Fresh fruit salad	
	Beans on toast	Cereal, Gluten, Milk, Wheat
	Birthday cake	Cereal, Eggs, Gluten, Milk, Wheat
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<b><u>Friday</u></b>	Cowboy sausage hotpot	Cereal, Gluten, Soya, Sulphur Dioxide, Wheat
	Melon and kiwi	
	Ham sandwiches	Cereal, Gluten, Milk, Wheat
	Dried fruit	
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\*\*\* Other foods/resources used that may contain allergens OR/ & treats brought in by a Parent

If you have any queries about our menu, please speak to Laura, Frankie or Tracey