

Bright Sparks Private Day Nursery Limited

Day	Meal	Allergen
<u>Monday</u>	Tomato and fish pasta bake	Cereal, Fish, Gluten, Wheat
	Birthday cake	Cereal, Egg, Gluten, Milk, Wheat
	Malt loaf	Cereal, Gluten, Milk, Wheat
	Apple and orange cocktail	

<u>Tuesday</u>	Beef and mushroom pie with roast potatoes and cabbage	Cereal, Gluten, Wheat
	Yoghurt	Milk
	Crumpets	Cereal, Gluten, Milk, Wheat
	Carrot cake	Cereal, Egg, Gluten, Milk, Wheat

<u>Wednesday</u>	Five bean casserole and rice	
	Fresh fruit	
	Cheese and chive bread	Cereal, Gluten, Milk, Wheat
	Banana and kiwi	

<u>Thursday</u>	Macaroni cheese	Cereal, Gluten, Milk, Wheat
	Cranberry flapjack	Cereal, Gluten, Wheat
	Hot cross buns	Cereal, Gluten, Milk, Wheat
	Satsumas	

<u>Friday</u>		
	<u>Bank Holiday</u>	

*** Other foods/resources used that may contain allergens OR/& treats brought in by a Parent

If you have any queries about our menu, please speak to Laura, Frankie or Tracey