

## Bright Sparks Private Day Nursery Limited

<b>Day</b>	<b>Meal</b>	<b>Allergen</b>
<b><u>Monday</u></b>	Cottage pie and cabbage	Celery, Cereal, Gluten, Soya
	Lemon drizzle cake	Cereal, Egg, Gluten, Milk, Wheat
	Malt loaf	Cereal, Gluten, Milk
	Apple	
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<b><u>Tuesday</u></b>	Vegetable chilli and rice	
	Yoghurt	Milk
	Cheesy garlic bread	Cereal, Gluten, Milk
	Dried fruit	
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<b><u>Wednesday</u></b>	Cheese and tomato pasta bake	Cereal, Gluten, Milk, Wheat
	Fruit salad	
	Sardine sandwiches	Cereal, Fish, Gluten, Wheat
	Apricot oat slice	Cereal, Gluten, Milk, Wheat
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<b><u>Thursday</u></b>	Beef hot pot	
	Birthday cake	Cereal, Egg, Gluten, Milk, Wheat
	Honey on toast	Cereal, Gluten, Milk, Wheat
	Satsumas	
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<b><u>Friday</u></b>	Fish fingers, chips, and peas	Cereal, Fish, Gluten, Milk, Wheat
	Cranberry flapjack	Cereal, Gluten, Milk
	Soft cheese sandwiches	Cereal, Gluten, Milk, Wheat
	Birthday cake	Cereal, Egg, Gluten, Milk, Wheat
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\*\*\* Other foods/resources used that may contain allergens OR/& treats brought in by a Parent

If you have any queries about our menu, please speak to Laura, Frankie or Tracey