

## Bright Sparks Private Day Nursery Limited

<b>Day</b>	<b>Meal</b>	<b>Allergen</b>
<b><u>Monday</u></b>	Fish pie with broccoli and carrots	Fish, Milk
	Yoghurt	Milk
	Honey and Blueberry Loaf	Cereal, Gluten, Milk, Wheat
	Apple	
***		
<b><u>Tuesday</u></b>	Spaghetti Bolognese	Cereal, Gluten, Wheat,
	Birthday cake	Cereal, Egg, Gluten, Milk, Wheat
	Malt loaf	Cereal, Gluten, Milk, Wheat
	Banana	
***		
<b><u>Wednesday</u></b>	Chilli con carne and rice	
	Fruit cocktail	
	Ham sandwiches	Cereal, Gluten, Milk, Wheat
	Fruit scones	Cereal, Gluten, Milk, Wheat
***		
<b><u>Thursday</u></b>	Chicken and leek pie with boiled potatoes, peas and cauliflower	Cereal, Gluten, Wheat
	Fresh fruit	
	Weetabix loaf	Cereal, Egg, Gluten, Milk, Wheat
	Melon and carrot sticks	
***		
<b><u>Friday</u></b>	Bacon, cheese and tomato bake	Cereal, Gluten, Milk, Wheat
	Apple and pear	
	Sardine sandwiches	Cereal, Fish, Gluten, Milk, Wheat
	Carrot cake	Cereal, Egg, Gluten, Milk, Wheat
***		

\*\*\* Other foods/resources used that may contain allergens OR/& treats brought in by a Parent

If you have any queries about our menu, please speak to Laura, Frankie or Tracey