

## Bright Sparks Private Day Nursery Limited

Day	Meal	Allergen
<b><u>Monday</u></b>	Chicken and vegetable curry and rice	
	Stewed apple and raisins with custard	Milk
	Courgette loaf	Cereal, Gluten, Wheat
	Satsumas	
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<b><u>Tuesday</u></b>	Roasted butternut squash pasta bake	Cereal, Gluten, Milk, Wheat
	Yoghurt	Milk
	Malt loaf	Cereal, Gluten, Milk, Wheat
	Apple	
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<b><u>Wednesday</u></b>	Cottage pie with peas	Celery, Cereal, Gluten, Soya, Wheat
	Fresh fruit	
	Homemade raisin loaf	Cereal, Gluten, Milk, Wheat
	Banana	
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<b><u>Thursday</u></b>	Beef hot pot and dumplings	Cereal, Gluten, Wheat
	Orange and ginger cake	Cereal, Egg, Gluten, Milk, Wheat
	Soft cheese sandwiches	Cereal, Gluten, Milk, Wheat
	Fresh fruit cocktail	
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<b><u>Friday</u></b>	Fish fingers, chips and mushy peas	Cereal, Fish, Gluten, Wheat
	Cranberry flapjack	Cereal, Gluten, Milk, Wheat
	Sardine sandwiches	Cereal, Gluten, Milk, Wheat
	Birthday Cake	Cereal, Egg, Gluten, Milk, Wheat
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\*\*\* Other foods/resources used that may contain allergens OR/& treats brought in by a Parent

If you have any queries about our menu, please speak to Laura, Frankie or Tracey