

Bright Sparks Private Day Nursery Limited

Day	Meal	Allergen
<u>Monday</u>		
	<u>Bank Holiday</u>	

<u>Tuesday</u>	Cheese and tomato pasta bake	Cereal, Gluten, Milk, Wheat
	Yoghurt	Milk
	Malt loaf	Cereal, Gluten, Milk, Wheat
	Shortcake biscuits	Cereal, Egg, Gluten, Milk, Wheat

<u>Wednesday</u>	Cottage pie and cabbage	Celery, Cereal, Gluten, Soya
	Birthday cake	Cereal, Egg, Gluten, Milk, Wheat
	Homemade raisin loaf	Cereal, Gluten, Milk, Wheat
	Banana	

<u>Thursday</u>	Beef hotpot and dumplings	Cereal, Gluten, Wheat
	Lemon and lime pudding	Cereal, Egg, Gluten, Milk, Wheat
	Soft cheese sandwiches	Cereal, Gluten, Milk, Wheat
	Fresh fruit cocktail	

<u>Friday</u>	Fish fingers, chips and mushy peas	Cereal, Fish, Gluten, Wheat
	Cranberry flapjack	Cereal, Gluten, Milk, Wheat
	Sardine sandwiches	Cereal, Fish, Gluten, Milk, Wheat
	Dried fruit	

*** Other foods/resources used that may contain allergens OR/& treats brought in by a Parent

If you have any queries about our menu, please speak to Laura, Frankie or Tracey