

## Bright Sparks Private Day Nursery Limited

Day	Meal	Allergen
<u>Monday</u>	Ocean pie, sweetcorn and peas	Fish, Milk
	Yoghurt and fruit compote	Milk
	Cream crackers with cheese	Cereal, Gluten, Milk, Wheat
	Birthday cake	Cereal, Egg, Gluten, Milk, Wheat
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<u>Tuesday</u>	Christmas Lunch	Celery, Gluten, Soya, Wheat
	Fresh fruit	
<u>Party Day</u>	Ham sandwiches	Cereal, Gluten, Milk, Wheat
	Christmas cupcake	Cereal, Egg, Gluten, Milk, Wheat
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<u>Wednesday</u>	Spaghetti bolognese	Cereal, Gluten, Wheat
	Birthday cake	Cereal, Egg, Gluten, Milk, Wheat
	Pittas and homemade dips	Cereal, Gluten, Milk, Wheat
	Fresh fruit salad	
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<u>Thursday</u>	Chicken and bacon bake	Milk
	Victoria sandwich	Cereal, Egg, Gluten, Milk, Wheat
	Malt loaf	Cereal, Gluten, Milk, Wheat
	Pear and grape cocktail	
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<u>Friday</u>	Lasagne	Cereal, Gluten, Milk, Wheat
	Toffee apple tray bake	Cereal, Egg, Gluten, Milk, Wheat
	Savoury cheese bread	Cereal, Gluten, Wheat
	Orange	
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\*\*\* Other foods/resources used that may contain allergens OR/& treats brought in by a Parent

If you have any queries about our menu, please speak to Laura, Frankie or Tracey