

## Bright Sparks Private Day Nursery Limited

<b>Day</b>	<b>Meal</b>	<b>Allergen</b>
<b><u>Monday</u></b>	Cottage pie and cabbage	Celery, Cereal, Gluten
	Birthday Cake	Cereal, Egg, Gluten, Milk, Wheat
	Toasted apricot tea bread	Cereal, Gluten, Sulphur Dioxide, Wheat
	Apple	
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<b><u>Tuesday</u></b>	Vegetable chilli and rice	
	Yoghurt	Milk
	Ham sandwiches	Cereal, Gluten, Milk, Wheat
	Birthday Cake	Cereal, Egg, Gluten, Milk, Wheat
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<b><u>Wednesday</u></b>	Cheese and tomato pasta bake	Cereal, Gluten, Milk, Wheat
	Fruit salad	
	Wholemeal and rosemary focaccia bread	Cereal, Gluten, Wheat
	Carrot cake	Cereal, Eggs, Gluten, Milk, Wheat
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<b><u>Thursday</u></b>	Vegetable moussaka	Milk
	Apple granny cake	Cereal, Egg, Gluten, Milk, Wheat
	Honey on toast	Cereal, Gluten, Milk, Wheat
	Satsumas	
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<b><u>Friday</u></b>	Cheesy fish pie, peas and sweetcorn	Cereal, Fish, Gluten, Milk, Wheat
	Chewy oat bars	Cereal, Gluten, Milk
	Homemade tomato soup and French stick	Cereal, Gluten, Milk
	Birthday Cake	Cereal, Egg, Gluten, Milk, Wheat
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\*\*\* Other foods/resources used that may contain allergens OR/& treats brought in by a Parent

If you have any queries about our menu, please speak to Laura, Frankie or Tracey