

## Bright Sparks Private Day Nursery Limited

Day	Meal	Allergen
<b><u>Monday</u></b>	Tomato and fish pasta bake	Cereal, Gluten, Wheat
	Fruit sponge	Cereal, Egg, Gluten, Milk, Wheat
	Malt loaf	Cereal, Gluten, Milk, Wheat
	Apple and orange cocktail	
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<b><u>Tuesday</u></b>	Beef and mushroom pie with roast potatoes and cabbage	Cereal, Gluten, Wheat
	Yoghurt	Milk
	Crumpets	Cereal, Gluten, Milk, Wheat
	Carrot cake	Cereal, Eggs, Gluten, Milk, Wheat
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<b><u>Wednesday</u></b>	Five bean casserole and rice	
	Fresh fruit	
	Cheese and chive bread	Cereal, Gluten, Milk, Wheat
	Banana and kiwi	
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<b><u>Thursday</u></b>		
	<i><u>Christmas</u></i>	
<b><u>Friday</u></b>		
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\*\*\* Other foods/resources used that may contain allergens OR/& treats brought in by a Parent

If you have any queries about our menu, please speak to Laura, Frankie or Tracey