

Bright Sparks Private Day Nursery Limited

Day	Meal	Allergen
<u>Monday</u>		
	<u>Bank Holiday</u>	

<u>Tuesday</u>	Tuna pasta bake and broccoli	Cereal, Fish, Gluten, Milk, Wheat
	Yoghurt and fresh fruit	Milk
	Toasted cheese pittas	Cereal, Gluten, Milk, Wheat
	Orange and ginger loaf	Cereal, Egg, Gluten, Milk, Wheat

<u>Wednesday</u>	Moussaka	Milk
	Pear and grape cocktail	
	Cheesy garlic bread	Cereal, Gluten, Milk, Wheat
	Marmalade tray bake	Cereal, Egg, Gluten, Milk, Wheat

<u>Thursday</u>	Vegetable hot pot and rice	
	Fresh fruit salad	
	Weetabix loaf	Cereal, Gluten, Milk, Wheat
	Birthday cake	Cereal, Egg, Gluten, Milk, Wheat

<u>Friday</u>	Cheese, tomato and pasta bake	Cereal, Gluten, Milk, Wheat
	Bread and butter pudding	Cereal, Egg, Gluten, Milk, Wheat
	Ham sandwiches	Cereal, Gluten, Milk, Wheat
	Birthday cake	Cereal, Egg, Gluten, Milk, Wheat

*** Other foods/resources used that may contain allergens OR/& treats brought in by a Parent

If you have any queries about our menu, please speak to Laura, Frankie or Tracey