

Bright Sparks Private Day Nursery Limited

| Day | Meal | Allergen |
|-------------------------|---------------------------------------|--|
| <u>Monday</u> | Cottage pie and cabbage | Celery, Cereal, Gluten, Soya |
| | Cranberry flapjack | Cereal, Gluten, Milk, Wheat |
| | Toasted apricot tea bread | Cereal, Gluten, Sulphur dioxide, Wheat |
| | Apple | |
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| <u>Tuesday</u> | Vegetable chilli and rice | |
| | Yoghurt | Milk |
| | Ham sandwiches | Cereal, Gluten, Milk, Wheat |
| | Birthday cake | Cereal, Egg, Gluten, Milk, Wheat |
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| <u>Wednesday</u> | Cheese and tomato pasta bake | Cereal, Gluten, Milk, Wheat |
| | Fruit salad | |
| | Wholemeal and rosemary focaccia bread | Cereal, Gluten, Wheat |
| | Birthday cake | Cereal, Egg, Gluten, Milk, Wheat |
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| <u>Thursday</u> | Vegetable moussaka | Milk |
| | Marmalade tray bake | Cereal, Egg, Gluten, Milk, Wheat |
| | Honey on toast | Cereal, Gluten, Milk, Wheat |
| | Satsumas | |
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| <u>Friday</u> | Cheesy fish pie, peas and sweetcorn | Cereal, Fish, Gluten, Milk, Wheat |
| | Fresh fruit cocktail | |
| | Homemade tomato soup and French stick | Cereal, Gluten, Milk, Wheat |
| | Chewy oat bars | Cereal, Gluten, Milk, Wheat |
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*** Other foods/resources used that may contain allergens OR/& treats brought in by a Parent

If you have any queries about our menu, please speak to Laura, Frankie or Tracey