

# Bright Sparks Private Day Nursery Limited

<b>Day</b>	<b>Meal</b>	<b>Allergen</b>
<b>Monday</b>	Beef, vegetable and potato hot pot	Celery, Cereal, Gluten, Soya, Wheat
	Apricot Muffins	Milk,Eggs ,Gluten,Wheat,Cereal
	Homemade malt loaf	Cereal, Gluten, Milk, Wheat
	Banana and kiwi	
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<b>Tuesday</b>	Tomato and cheese bake	Cereal, Gluten, Milk, Wheat
	Hot chocolate pudding	Cereal, Egg, Gluten, Milk, Wheat
	Sardine sandwiches	Cereal, Fish, Gluten, Milk, Wheat
	Satsumas	
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<b>Wednesday</b>	Cottage pie & Cabbage	Celery, Cereal, Gluten, Wheat
	Fresh fruit	
	Wholemeal garlic bread	Cereal, Gluten, Milk, Wheat
	Birthday cake	Cereal, Egg, Gluten, Wheat
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<b>Thursday</b>	Fish fingers, chips and beans	Celery, Cereal, Fish, Gluten, Wheat
	Birthday cake	Cereal, Egg, Gluten, Milk, Wheat
	Cheese sandwiches	Cereal, Gluten, Milk, Wheat
	Fresh fruit	
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<b>Friday</b>	Roasted vegetable and red lentil pasta bake	Cereal, Gluten, Milk, Wheat
	Plum crumble	Cereal, Gluten, Milk, Wheat
	Cheese and chive bread	Cereal, Gluten, Milk, Wheat
	Fresh fruit	
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\*\*\* Other foods/resources used that may contain allergens OR/& treats brought in by a Parent

If you have any queries about our menu, please speak to Laura, Hayley or Tracey