

# Bright Sparks Private Day Nursery Limited

Day	Meal	Allergen
<b>Monday</b>	Cottage pie and cabbage	Celery, Cereal, Gluten, Soya
	Lemon drizzle cake	Cereal, Egg, Gluten, Milk, Wheat
	Malt loaf	Cereal, Gluten, Wheat
	Apple	
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<b>Tuesday</b>	Vegetable chilli and rice	
	Fruit cocktail	
	Ham sandwiches	Cereal, Gluten, Milk
	Birthday Cake	Cereal, Egg, Gluten, Milk, Wheat
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<b>Wednesday</b>	Cheese and tomato pasta bake	Cereal, Gluten, Milk, Wheat
	Fruit salad	
	Sardine sandwiches	Cereal, Fish, Gluten, Wheat
	Flapjack	Cereal, Gluten, Wheat
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<b>Thursday</b>		
	Bank Holiday	
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<b>Friday</b>		
	Bank Holiday	
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\*\*\* Other foods/resources used that may contain allergens OR/& treats brought in by a Parent

If you have any queries about our menu, please speak to Laura, Hayley or Tracey