

Bright Sparks Private Day Nursery Limited

Day	Meal	Allergen
<u>Monday</u>	5 bean chilli and quinoa	Cereal, Gluten, Wheat
	Fresh fruit	
	Cranberry plait	Cereal, Gluten, Wheat
	Banana	

<u>Tuesday</u>	Garlic chicken pasta	Cereal, Gluten, Milk, Wheat
	Lemon drizzle	Cereal, Egg, Gluten, Wheat
	Cream crackers with soft cheese	Cereal, Gluten, Milk, Wheat
	Apple	

<u>Wednesday</u>	Beef and vegetable stew	
	Birthday cake	Cereal, Gluten, Wheat, Eggs
	Wholemeal cheesy garlic bread	Cereal, Gluten, Milk, Wheat
	Fresh fruit	

<u>Thursday</u>	Roasted vegetable pasta	Cereal, Gluten, Wheat
	Yoghurt	Milk
	Hot cross buns	Cereal, Gluten, Wheat
	Satsuma	

<u>Friday</u>	Good Friday- Nursery closed	

*** Other foods/resources used that may contain allergens OR/& treats brought in by a Parent

If you have any queries about our menu, please speak to Laura, Hayley or Tracey