

Bright Sparks Private Day Nursery Limited

Day	Meal	Allergen
<u>Monday</u>		
	Bank Holiday- Easter Monday	Nursery closed

<u>Tuesday</u>	Mixed bean chilli	Cereal, Gluten, Wheat
	Cranberry flapjack	Cereal, Gluten, Wheat
	Sardine sandwiches	Cereal, Gluten, Wheat, Fish
	Fruit salad	

<u>Wednesday</u>	Spicy fish risotto	Fish
	Fresh fruit	
	Cheesy garlic bread	Cereal, Gluten, Wheat, Milk
	Homemade shortbread biscuits	Cereal, Gluten, Wheat

<u>Thursday</u>	Cheese and tomato pasta bake	Cereal, Gluten, Wheat, Milk
	Fruit salad	
	Buttered crumpets	Cereal, Gluten, Wheat
	Granny apple cake	Cereal, Gluten, Wheat, Eggs

<u>Friday</u>	Lemon and basil chicken spaghetti	Cereal, Gluten, Wheat, Milk
	Fresh fruit	
	Soft cheese sandwiches	Cereal, Gluten, Wheat, Milk
	Banana	

*** Other foods/resources used that may contain allergens OR/& treats brought in by a Parent

If you have any queries about our menu, please speak to Laura G, Laura H or Tracey