

Bright Sparks Private Day Nursery Limited

Day	Meal	Allergen
Monday		
	Bank Holiday- May Day	Nursery closed

Tuesday	Mixed bean chilli	Cereal, Gluten, Wheat
	Cranberry flapjack	Cereal, Gluten, Wheat
	Cheese and crackers	Cereal, Gluten, Wheat, Milk
	Fruit salad	

Wednesday	Fish fingers, potato wedges and beans	Cereal, Wheat, Gluten
	Fresh fruit	
	Cheesy garlic bread	Cereal, Gluten, Wheat, Milk
	Homemade shortbread biscuits	Cereal, Gluten, Wheat

Thursday	Pasta bolognaise	Cereal, Gluten, Wheat
	Fruit salad	
	Buttered crumpets	Cereal, Gluten, Wheat
	Granny apple cake	Cereal, Gluten, Wheat, Eggs

Friday	Lemon and basil chicken spaghetti	Cereal, Gluten, Wheat, Milk
	Fresh fruit	
	Soft cheese sandwiches	Cereal, Gluten, Wheat, Milk
	Birthday cake	Cereal, Gluten, Wheat, Eggs

*** Other foods/resources used that may contain allergens OR/& treats brought in by a Parent

If you have any queries about our menu, please speak to Laura G, Laura H or Tracey