

Bright Sparks Private Day Nursery Limited

Day	Meal	Allergen
<u>Monday</u>		
	August Bank Holiday	Nursery Closed

<u>Tuesday</u>	Mixed bean chilli	
	Yoghurt	Milk
	Cheese and crackers	Cereal, Gluten, Wheat, Milk
	Fruit salad	

<u>Wednesday</u>	Fish risotto	Cereal, Gluten, Wheat, Fish
	Fresh fruit	
	Cheesy garlic bread	Cereal, Gluten, Wheat, Milk
	Melon	

<u>Thursday</u>	Pasta bolognaise	Cereal, Gluten, Wheat
	Fruit salad	
	Buttered crumpets	Cereal, Gluten, Wheat
	Birthday cake	Cereal, Gluten, Wheat, Eggs

<u>Friday</u>	Lemon and basil chicken with spaghetti	Cereal, Gluten, Wheat, Milk
	Fresh fruit	
	Soft cheese sandwiches	Cereal, Gluten, Wheat, Milk
	Birthday cake	Cereal, Gluten, Wheat, Eggs

*** Other foods/resources used that may contain allergens OR/& treats brought in by a Parent

If you have any queries about our menu, please speak to Laura G, Laura H or Tracey