Bright Sparks Private Day Nursery Limited

Day	Meal	Allergen
Monday	Beef and vegetable curry and rice	Cereal, Gluten, Wheat
	Birthday cake	Cereal, Gluten, Wheat, Eggs
	Sardine sandwiches	Cereal, Gluten, Wheat, Fish
	Melon and kiwi	
***		
Tuesday	Macaroni cheese	Cereal, Gluten, Wheat, Milk
	Apricot flapjack	Cereal, Gluten, Wheat
	Pittas and homemade dips	Cereal, Gluten, Wheat, Milk
	Fruit cocktail	
***		
Wednesday	Salmon and broccoli pasta	Cereal, Gluten, Wheat, Fish
	Fresh fruit	
	Cream crackers and cheese	Cereal, Gluten, Wheat, Milk
	Chocolate brownies	Cereal, Gluten, Wheat, Eggs, Milk
***		
Thursday	5 bean chilli and cous cous	Cereal, Gluten, Wheat
	Yoghurt	Milk
	Toasted fruit bread	Cereal, Gluten, Wheat
	Fruit salad	
***		
Friday	Ham and pea tagliatelle with garlic bread	Cereal, Gluten, Wheat, Milk
	Fruit cocktail	
	Buttered crumpets	Cereal, Gluten, Wheat
	Banana	
***		

*** Other foods/resources used that may contain allergens OR/& treats brought in by a Parent

If you have any queries about our menu, please speak to Laura G, Laura H or Tracey