Bright Sparks Private Day Nursery Limited

Day	Meal	Allergen
Monday	Smokey bean hot pot and rice	Cereal, Gluten, Wheat
	Fresh fruit	
	Toasted pittas and dips	Cereal, Gluten, Wheat, Milk
	Birthday cake	Cereal, Gluten, Wheat, Eggs
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Tuesday	Chicken and chickpea curry	Cereal, Gluten, Wheat
	Christmas cake	Cereal, Gluten, Wheat, Eggs
	Buttered crumpets	Cereal, Gluten, Wheat
	Apple and pear	
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Wednesday		
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Thursday		
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Friday		
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*** Other foods/resources used that may contain allergens OR/& treats brought in by a Parent

If you have any queries about our menu, please speak to Laura G, Laura H or Tracey